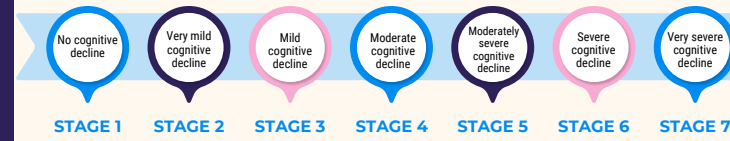


ALZHEIMER'S DISEASE AND THE IMPORTANCE OF EARLY DETECTION

A guide to recognizing the stages and benefits of early diagnosis

WHAT IS ALZHEIMER'S DISEASE?

A progressive neurological disorder that leads to memory loss and cognitive decline. An estimated 6.7 million Americans age 65 and older are living with Alzheimer's dementia today.



BENEFITS OF EARLY DETECTION

ACCESS TO SUPPORT SERVICES

Early detection connects individuals to support groups and resources.



BETTER MEDICAL MANAGEMENT

Early diagnosis allows for more effective use of medications and therapies. Some treatments are more beneficial when started early and some treatments can stop or delay progression.



PLANNING FOR THE FUTURE

There is often a better sense of acceptance and peace with appropriate emotional and psychological preparation. Early detection enables patients and families to plan ahead for legal, financial, and care decisions.

Healthcare professionals can help patients create a plan to lead a healthy lifestyle, including controlling high blood pressure, incorporating physical activity, and making healthy dietary choices.

IMPROVED QUALITY OF LIFE

Lifestyle changes and interventions can help maintain cognitive function longer and make living with the disease more comfortable. These include:

- Behavioral therapy
- Maintaining activities of daily living (ADLs)
- Physical activity
- Cognitive stimulation
- Early stage support groups



VOICE BIOMARKER SCREENING

96% Accuracy of Canary Speech's Alzheimer's Disease model.

This unlocks the benefits of early detection to individuals and their care teams.

Learn how Canary Speech models acoustic and linguistic features to proactively screen for deterioration at canaryspeech.com.

RESOURCES

Alzheimer's Association Helpline: 800.272.3900

- www.ncbi.nlm.nih.gov/pmc/articles/PMC6935598/
- www.ncbi.nlm.nih.gov/pmc/articles/PMC2585781/

Information for educational purposes only. Consult a healthcare provider for medical advice.

